

Workshop #1: Where's Your Financial Edge?

Instructor: Janet Fulton

Start off the Personal Finance Empowerment Series with tools, resources and a group coaching experience that helps you set your financial empowerment journey (and this workshop series) on a new success track. Discover your financial "edge". Build confidence with clear and compelling goals. Learn conversation frameworks that promote discovery. And, sign up for a free personal financial coaching session at no charge.



FULTOW 180 LC COACHING PROJECTS Where's Your Financial "FDGE?"

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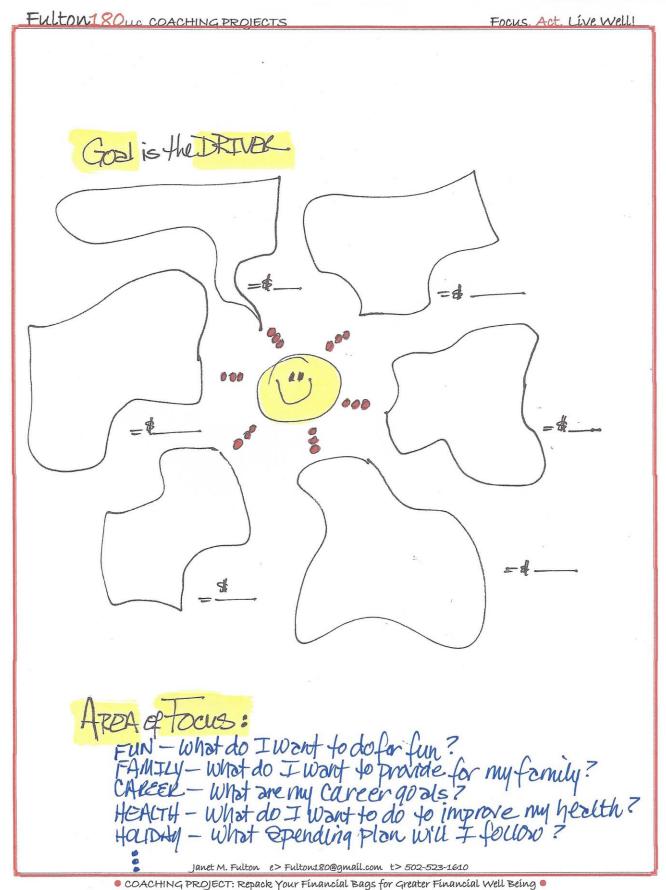
COACHING PROJECT: Repack Your Financial Bags for Greater Financial Well Being



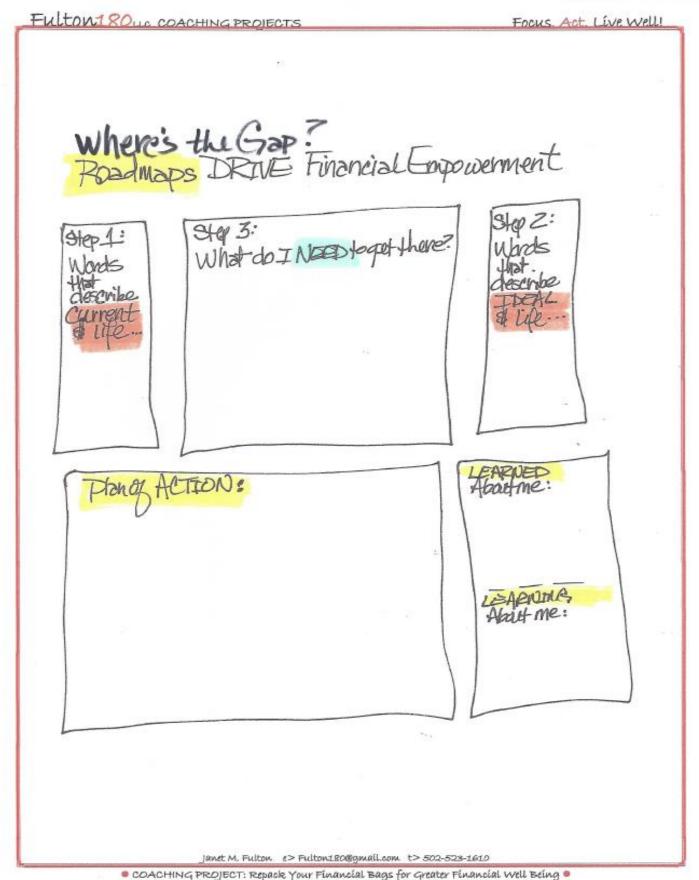
Fultow180uc coaching Projects Focus Act Live Well! WORDS 5-3-1 Janet M. Fulton e> Fulton180@gmail.com t> 502-523-1610

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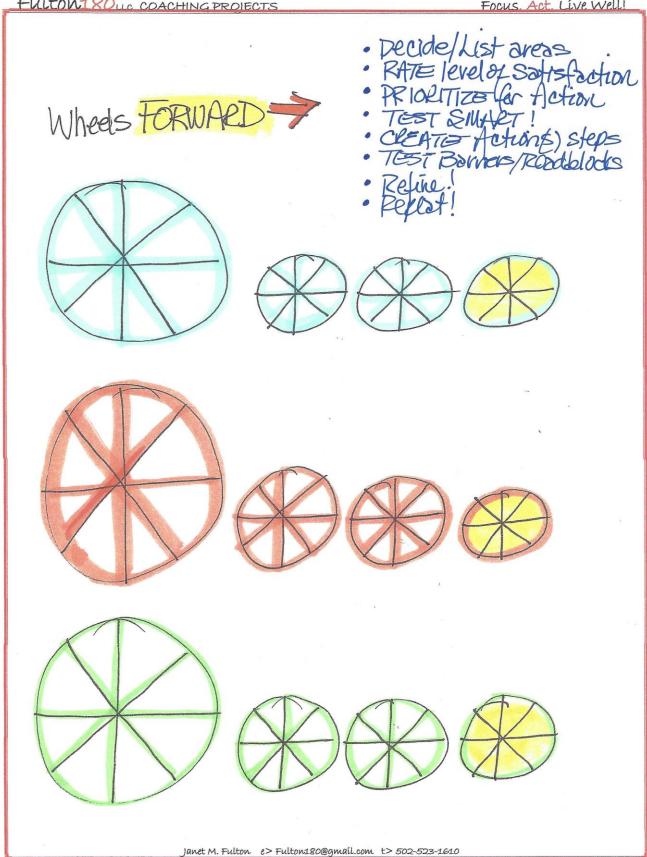






FULTOW 180 LC COACHING PROJECTS

Focus. Act. Live Well!



COACHING PROJECT: Repack Your Financial Bags for Greater Financial Well Being



FULTOW 1800 COACHING PROJECTS REATMENT PLANS Janet M. Fulton e> Fulton180@gmail.com t> 502-523-1610

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FULTOW 180 LC COACHING PROJECTS

FOCUS ACT. LIVE WELL!

GROW Model (whitmore)

Goals Short Term

Reality The Current Reslity

Options Courses of Action

The Way Forward place & when what actions take place & when The Will to make toward the Goal

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Workshop #1 Follow-up

Take a few minutes after attending this workshop to think about what you learned and how you can apply this knowledge toward your financial goals.

- 1. Complete The Framework for Practical Preparation
 - List the skills and knowledge you need to be successful in:
 - a) financial management knowledge,
 - b) behavior to advance financial stability, and
 - c) confidence to achieve your financial goals.
 - Develop and record one to three goals for your 6 month, 1 year and 5 year financial goals in each category listed on the framework page.
- 2. Explore your 6 month goals using the "edge" framework.
- 3. Draw your 5 year goals on the "Goal Is The Driver" framework.
- 4. Experiment with different workshop frameworks.
- 5. Sign up for a personal financial coaching session.